

Manufacturer	Powerbar	GU	Pacific Health	Enervit	Cytomax	Champion	Ultima	Infinitt	Extran	Hammer	Hammer	Hammer	SportQuest	Gatorade	First Endurance
Product name	Endurance	GU20	Accelerade	G Sport Drink	EnergyDrink	Revenge Sport	Replenisher	Road Race Formu	Thirst Quencher	Perpetum	Sustained Energy	HEED	Carbo-Pro	Endurance	EFS
	lemon lime	lemon, orange raspberry, tango-mango	raspberry, orange, lemon, fruit punch	Orange	tropical fruit, cool citrus,peachy keen, go grape, tangy orange, pink lemonade	lemon, orange	light lemon, raspberry, orange	Orange, Lemon Lime, Fruit Punch	citrus, orange	orange, unflavored	unflavored	lemon-lime, berry, melon, mandrin, unflavored	unflavored	Lemon-lime, orange	Lemon Lime, Tangerine, Fruit Punch, Grape
Flavors															
Serving size (in grams)	18	26	31	15	25	25	8.7	55.8	23	69	85	29	57	16	31
Servings	52	35	28	12	27	27	21	25	25	16	8	32	24	90	25
	70	100	120	60	90	90	25	211	90	260	343	100	224	60	100
Calories per serving															
Carbs/serving (in grams)	17	26	21	14	22	23	6	53	22	54	54	25	56	15	25
carb source	maltodextrin, dextrose, fructose	maltodextrin, fructose	sucrose, trehalose, fructose, maltodextrin	fructose,maltodextrin, glucose, sucrose, citric acid, artificial flavor.	complex carbohydrates	maltodextrin, amylopectin, fructose, dextrose	complex carbs- Maltodextrin	Maltodextrin, dextrose, sucrose	Fructose,dextrin maltose, Maltodextrin	Maltodextrin	Maltodextrin,Glucose polymers, corn syrup solids	Maltodextrin,	Maltodextrin	sucrose, glucose, fructose	Maltodextrin, dextrose, sucrose
total protein	0	0	5	0	0	0	0	0	0	6	6	0	0	0	2 (from free form amino acids)
protein source	0	0	Whey protein concentrate			0	0	0	0	Soy Protein Isolate	Soy Protein Isolate	0	0	0	0
Electrolyte per 12oz serving															
sodium	240	180	190	112	75	100	56.25	295	91.5	173.25	77	58.95	0	300	270
potassium	15	30	65	22.5	82.5	110	112.5	85	74.25	117	52	24	0	135	160
magnesium	3	0	130	6.75	0	20	18	18	0	8.25	3.67	24	0	4.5	150
chloride	112.5	0	112	0	0	0	86.25	0	0	0	0	90.9	0	135	380
calcium	0	0	40	0	0	0	52.5	24	0	182.25	81	46.5	0	9	100
other	0	0	artificial colors	Vitamin C, Thiamin, Riboflavin, Niacin	Vitamin C and Chromium	Vitamin C and E	complete vitamin mineral blend	B1	0	L-Carnitine-50mg	Carnosine, Carnitine, Choline	carnosine, tyrosine	0	0	0
other	0	0	Vitamin A, C,E and Iron	0	0	sodium, potassium and magnesium lactates.	0	0	0	L-Carnosine-100mg, Choline 50mg, phosphorous 334mg	2g fat (0.5g saturated fat), iodine, copper, chromium, phosphorous	0	0	Vitamin C	Vitamin C
solution size	8	16	12	12	16	12	16	12	16	16	36	8	24	8	12
solution %	7.50%	5.73%	6.17%	4.12%	4.85%	6.76%	1.32%	15.58%	4.85%	11.90%	5.29%	11.02%	8.23%	6.61%	7.35%
price	\$19.99	\$16.99	\$23.99	\$38.99	\$21.50	\$15.95	\$20.50	\$38.25	\$28.99	\$22.95	\$17.95	\$19.95	\$18.95	\$19.95	\$21.95
price/serving	\$0.38	\$0.49	\$0.86	\$3.25	\$0.80	\$0.59	\$0.98	\$1.53	\$1.16	\$1.43	\$2.24	\$0.62	\$0.79	\$0.22	\$0.88
price/gram	\$1.11	\$0.65	\$0.77	\$2.60	\$0.86	\$0.64	\$2.36	\$0.69	\$1.26	\$0.33	\$0.21	\$0.69	\$0.33	\$1.25	\$0.71

*All data gathered from manufacturer website in July 2008.